

# Alwin Holland Canteen Menu

Oct 4th - 8th, 2021

## Monday

Spaghetti & Meat Sauce - \$3.00  
Smoothie - \$2.00  
Fruit Cup - \$2.00  
Garlic Toast - \$0.50

## Tuesday

Quesadilla - \$3.00  
Smoothie - \$2.00  
Fruit Cup - \$2.00  
Bun - \$0.50

## Wednesday

Tomato Pasta & Cheese - \$3.00  
Cold Plate - \$3.00  
Yogurt Parfait - \$2.00  
Garlic Toast - \$0.50

## Thursday

Taco Salad - \$3.00  
Cold Plate - \$3.00  
Cookies - \$1.00  
Bun - \$0.50

## Friday

Pizza Melt - \$2.00  
Cheese Melt - \$2.00  
Smoothie - \$2.00  
Bun - \$0.50



## Drinks - \$1.00

Chocolate Milk  
2% Milk  
Juice Box  
Water